

# CAMP FORGET-ME-NOT

Free Kids Camp. Sign up Today!

*Camp Forget-Me-Not is a safe place for kids to make new friendships, share big feelings, and learn how to cope with grief.*

*This free day-camp is facilitated by Helios Care Grief Professionals, and welcomes children ages 6-12 and teens ages 13-18 who have experienced the death of a loved one.*

**8:30 AM to  
4:30 PM**

**THURSDAY,  
AUGUST 21ST**

**Riverside  
Elementary  
School, Oneonta**



**Register before Monday, August 11<sup>th</sup>**  
Scan the QR Code or  
Online at [HeliosCare.org/Events/](https://HeliosCare.org/Events/)  
**Contact us: (607) 432-5525**

